

Sisterhood Strengths

Outreach Program

- Facilitator's Guide
- Student Empowerment Worksheets



Chapter 2

Whispered Secrets of Upland (Facilitator Narrative)

1. Chapter Overview

Chloe and Lily Hastings begin their investigation at the Upland Public Library, following clues about The Society. With help from the wise librarian Evelyn Greene, they uncover an old cipher leading them to a hidden room behind the bookshelves. Inside, they find maps, secret files, and plans linking The Society to global schemes—altering archaeological records and rewriting history. As they uncover the mysterious Obsidian Eye, footsteps approach, and the girls realize they’ve been discovered.

2. Core Life Lessons

- Curiosity with Purpose: Not all secrets should be ignored—some demand discovery.
- Knowledge as Power: The more you learn, the harder it is for others to deceive you.
- Courage under Pressure: Fear can’t silence truth-seekers.
- Wisdom through Teamwork: Every mystery needs many minds and perspectives.

3. Character Focus

Chloe – The logical thinker—her precision and bravery guide the team.

Lily – The dreamer—her imagination leads them toward discovery.

Evelyn – The mentor—her wisdom protects and guides the sisters.

4. Learning Discussion Prompts

1. Why is Evelyn hesitant to discuss The Society?
2. What role does curiosity play in solving mysteries?
3. What makes Chloe and Lily’s teamwork successful?
4. How can information be used for both good and harm?
5. What does “The Eye Sees All” mean in this chapter’s context?

5. Connection to Real Life

This chapter explores the importance of research, critical thinking, and truth-seeking in a world full of misinformation. Teens learn that being curious isn’t just about asking questions—it’s about analyzing sources, looking beyond surface facts, and trusting evidence over rumors.

6. Suggested Activities

- Cipher Creation: Students make a short coded message using a simple letter shift cipher.
- Library Scavenger Hunt: Create clues that lead students through facts about local history.
- Character Journal: Write a diary entry from Chloe, Lily, or Evelyn’s point of view.
- Group Puzzle: Hide a “secret message” under students’ desks or within a class handout for them to uncover.

7. Song Connection

Song: “Whispers of the Forgotten”

Lyric tie-in: “Between the lines, the truth is written.”

Connection: This song mirrors the tension of hidden knowledge and the courage to uncover what others want to hide.



Student Worksheet – Ages 10–12



Writing / Reflection

1. Why do Chloe and Lily want to learn more about The Society?
2. What makes libraries or old places feel magical or mysterious to you?



Multiple Choice / Quick Response

- Who helps the sisters in this chapter? (a) Evelyn, the librarian
- What do they find behind the bookshelf? (b) A secret door and hidden room
- What is written under the picture of the gemstone? (c) “The Eye sees all.”



Puzzle / Cipher Exercise

Word Puzzle: Unscramble the letters to reveal something the sisters find: D D E I N H
→ HIDDEN.



Song Connection

Whispers of the Forgotten – 'Between the lines, the truth is written.'

Why do you think truth is sometimes hidden between the lines?



Student Worksheet – Ages 13–15



Writing / Reflection

1. What does the hidden archive symbolize about truth and secrecy?
2. How does Evelyn's knowledge change the sisters' understanding of the mystery?



Multiple Choice / Quick Response

- What was the purpose of the cipher note? (a) To lead them to the hidden door
- What is The Society's secret goal? (b) To manipulate history and power
- Why does Evelyn tell them to leave quickly? (c) Someone knows they're there



Puzzle / Cipher Exercise

Secret Code Challenge: A=1, B=2, etc. 20–18–21–20–8 23–9–12–12 6–9–14–4 25–15–21
→ TRUTH WILL FIND YOU.



Song Connection

Whispers of the Forgotten – 'Every secret hides a sound.'

What "sounds" or clues tell us when someone is hiding the truth in real life?



Student Worksheet – Ages 16–18



Writing / Reflection

1. How does Chapter 2 explore the theme of truth versus control?
2. Discuss the moral dilemma of discovering dangerous information—should knowledge ever be kept secret?



Multiple Choice / Quick Response

- What larger revelation shocks Chloe and Lily? (a) The Society’s global reach and manipulation of historical truth
- What does “The Eye Sees All” imply philosophically? (b) Truth observes even when hidden
- How does Evelyn’s role deepen the story’s theme of mentorship and legacy? (c) She bridges past knowledge to the new generation of truth-seekers



Puzzle / Cipher Exercise

Cipher Riddle: “I hide in shadows yet reveal light, I’m sought by those who seek what’s right. Without me, all truths decay—Find me, or be led astray.”

→ KNOWLEDGE.



Song Connection

Whispers of the Forgotten – 'The silence knows more than the world admits.'

How can silence and observation be tools for uncovering truth?

