

Gisterhood Gleanths

Outreach Program

- Facilitator's Guide
- Student Empowerment Worksheets



Chapter 14

Into the Depths (Facilitator Narrative)

1. Chapter Overview

Deep beneath the mountain, the Sisterhood Sleuths descend into the unknown. The tunnels narrow, the air thins, and every sound echoes like a whisper from the past. Guided by courage and instinct, Chloe and Gil lead the team through an underground maze filled with ancient symbols, traps, and haunting silence. When a sudden collapse separates them, Lily and Thalia must rely on teamwork and trust to survive. In the darkness, each Sleuth discovers their own inner light — proof that courage shines brightest when fear surrounds us.

2. Core Life Lessons

- **Courage in Darkness:** True bravery is choosing to move forward even when afraid.
- **Teamwork Saves Lives:** Trust and cooperation turn chaos into unity.
- **Inner Light:** Every person holds strength that can guide them through uncertainty.
- **Facing the Unknown:** Growth begins when we step beyond what feels safe.

3. Character Focus

Chloe – Shows courage through calm leadership, even under pressure.

Lily – Becomes the team’s emotional anchor, using creativity to solve problems.

Gil – Takes on risk to protect others, embodying quiet strength.

Thalia – Uses humor and intelligence to defuse tension in the darkest moments.

Aoife – Her knowledge of geology and underground structures helps the group navigate danger.

4. Learning Discussion Prompts

1. How does the team respond to being trapped underground?
2. Why is courage important when facing fear or uncertainty?
3. What does ‘light within’ mean to you personally?
4. How do the Sleuths show teamwork under pressure?
5. What lessons about leadership emerge from this chapter?

5. Connection to Real Life

This chapter symbolizes how fear and uncertainty test character. Students can reflect on times they’ve faced something difficult—exams, peer pressure, or emotional challenges—and found strength within. It reminds readers that courage is not the absence of fear but the will to keep moving despite it.

6. Suggested Activities

- **The Light Within Challenge** 💡 : Students write or illustrate how their ‘inner light’ helps them through dark times.
- **Courage in Action:** Share stories or examples of people who showed bravery in real life.
- **Team Survival Game:** Groups complete an obstacle or puzzle together to simulate teamwork under pressure.
- **Glow Message:** Write encouraging words on paper and place them under a lamp to symbolize hope lighting the dark.

7. Song Connection

Song: “Under the Midnight Sun”

Lyric tie-in: “Even in darkness, the light within will guide us home.”

This song reflects resilience, faith, and the courage to rise above fear. It mirrors the Sleuths’ journey from darkness to understanding.



Student Worksheet – Ages 10–12



Writing / Reflection

1. What was the scariest part of being in the tunnels?
2. How did the Sleuths show courage?



Multiple Choice / Quick Response

- Who got separated during the collapse? (a) Lily and Thalia
- What did Chloe use to calm the group? (b) Her voice and a flashlight
- What lesson did they learn? (c) Bravery means facing fear together



Puzzle / Cipher Exercise

Puzzle: Find the hidden word: L _ G _ T

→ LIGHT. How does light help people feel safe?



Song Connection

Under the Midnight Sun – 'Even in darkness, the light within will guide us home.'

How do you find hope when things feel hard?



Student Worksheet – Ages 13–15



Writing / Reflection

1. What does 'the light within' symbolize in this chapter?
2. How did teamwork help the Sleuths escape danger?



Multiple Choice / Quick Response

- What caused the tunnel collapse? (a) An unstable passage in the old mining route
- How did Gil protect the team? (b) By using his strength to move debris
- What does this chapter teach about courage? (c) Courage is steady and quiet, not loud or showy



Puzzle / Cipher Exercise

Cipher Code (A=1, B=2): 12-9-7-8-20

→ LIGHT. Decode it and describe your 'inner light.'



Song Connection

Under the Midnight Sun – 'Even in darkness, the light within will guide us home.'

How can courage lead you out of fear?



Student Worksheet – Ages 16–18



Writing / Reflection

1. How does darkness serve as a metaphor for emotional struggle in this chapter?
2. What does 'light within' mean in the context of leadership and purpose?



Multiple Choice / Quick Response

- Why does Chloe choose to keep moving forward? (a) She believes courage inspires others to follow
- What symbolizes hope throughout the chapter? (b) The glow of the flashlight and the group's unity
- What message does this scene send about resilience? (c) True strength shines brightest in hard times



Puzzle / Cipher Exercise

Riddle Cipher: "I live where fear is darkest but shine without flame."

→ THE INNER LIGHT.



Song Connection

Under the Midnight Sun – 'Even in darkness, the light within will guide us home.'

How does this lyric relate to overcoming fear and finding purpose?

